

Schulich Dentistry

★ O-WEEK 2026 ★



MONDAY 08/31	TUESDAY 09/01	WEDNESDAY 09/02	THURSDAY 09/03	FRIDAY 09/04
Welcome to Schulich Dentistry 9:00am – 11:00am Ronald D. Schmeichel Building	What We Wish We Knew Before D1 10:00am – 11:30am MSB 146	Schulich Leadership Meet & Greet 9:00am – 11:00am DSB 1002	Schulich Amazing Race 12:30pm – 3:00pm VERC	D1 Kit Distribution 8:30am – 11:30am SIM Clinic
ODA Luncheon 12:30pm – 2:00pm London Hunt Club	Schulich Campus Tours 11:30am – 2:30pm MSB 146	Clubs District 11:30am – 1:30pm VERC	London Night Life 8:00pm – 10:30pm Delilah's	Grand Bend Trip 2:00pm – 8:30pm Grand Bend Beach
First Class Field Night 7:30pm – 10:00pm North HSB Grass Field	Rec Room Social 7:00pm – 10:00pm The Rec Room Masonville	Bowling Night 7:00pm – 9:00pm Palasad SocialBowl	Mandatory Attendance 	
			Optional Attendance	



EVENT DETAILS

EVENT	DESCRIPTION
Welcome to Schulich Dentistry 📍 Ronald D. Schmeichel Building ⌚ 9:00am – 11:00am 👤 Business Casual / Semi formal (NO JEANS!)	Welcome to the beginning of your Schulich Dentistry journey! Meet your classmates, faculty members, and upper-year mentors as you begin Orientation Week. Through interactive icebreakers and team introductions, you'll start building friendships that will carry you throughout dental school. Pick up your Schulich Passport and nametag, and don't forget to collect your very first passport stamp!
ODA Luncheon 📍 London Hunt Club ⌚ 12:30pm – 2:00pm 👤 Business Casual / Semi formal (NO JEANS!)	Connect with representatives from the Ontario Dental Association, Schulich faculty, and members of the dental community over lunch! <u>Bus transportation will be provided for all students.</u>
First Class Field Night 📍 North HSB Grass Field ⌚ 7:30pm – 10:00pm 👤 Comfortable/Athletic clothing and running shoes	Wrap up your first day with a night of games, friendly competition, and plenty of chances to get to know your new classmates. Team up for a series of challenges, collect passport stamps along the way, and enjoy your first evening together as a class!



EVENT DETAILS

EVENT	DESCRIPTION
What We Wish We Knew Before D1 Medical Sciences Building, Room 146 10:00am – 11:30am Casual / Come as you are	Hear directly from current D2 students about what they wish they had known before starting dental school. Rather than focusing solely on courses, this interactive panel will cover study strategies, managing workload, finding balance, navigating clinic culture, wellness, and common first-year challenges. Bring your questions because we've all been in your shoes!
Schulich Campus Tours Medical Sciences Building, Room 146 11:30am – 2:30pm Casual / Come as you are	Explore the spaces that will become your second home. Guided by upper-year students, you'll tour classrooms, simulation clinics, study spaces, and the hidden gems around campus while learning practical tips that make everyday student life easier.
Rec Room Social The Rec Room Masonville 7:00pm – 10:00pm Casual / Come as you are	Spend the evening hanging out with your classmates and upper-year students at The Rec Room! Grab some food, play your way through the arcade, and enjoy a relaxed night getting to know everyone outside of school. Don't forget your Schulich Passport and nametag to collect another stamp!



EVENT DETAILS

EVENT	DESCRIPTION
Schulich Leadership Meet & Greet 📍 Dental Sciences Building, Room 1002 ⌚ 9:00am – 11:00am 👤 Business Casual / Semi-formal (NO JEANS!)	Meet the leaders of Schulich Dentistry and learn about the community you'll be joining. Hear from faculty members, student leaders, and the Learner Experience Office while gaining insight into student life, professional development, and the many resources available throughout your dental education. PLEASE ENSURE THAT YOU ARE ON TIME. DO NOT BE LATE!
Clubs District 📍 VERC (MSB 150/150A) ⌚ 11:30am – 1:30pm 👤 Come as you are!	Discover the many ways to get involved beyond the classroom while enjoying a sweet treat from District Ice Cream! Visit booths hosted by UWODSS clubs, outreach initiatives, and student organizations to learn about opportunities in leadership, research, community service, sports, and more. Collect stamps from participating booths for a chance to win O-Week prizes and maybe even find your future passion outside the classroom.
Bowling Night 📍 Palasad SocialBowl (777 Adelaide St N) ⌚ 7:00pm – 9:00pm 👤 Casual / Come as you are	Strike up new friendships at Bowling Night! Whether you're aiming for a perfect game or just cheering on your classmates, this relaxed evening is the perfect opportunity to connect with classmates, mentors, and upper-year students outside of the classroom.



EVENT DETAILS

EVENT	DESCRIPTION
Schulich Amazing Race  VERC (MSB 150/150A)  12:30pm – 3:30pm  Comfortable/Atheletic clothing and running shoes	Put your teamwork and problem-solving skills to the test as you race across campus, completing fun challenges and discovering important student resources. It's a fun way to become familiar with the places you'll be visiting every day during dental school.
London Night Life  Delilah's (209 John St)  8:00pm – 10:30pm  Casual / Going-out attire	Experiences one of London's popular student hangout spots with your classmates and upper-year students. Enjoy a night of music, good company, and a chance to unwind as you celebrate your first week of dental school together.



EVENT DETAILS

EVENT	DESCRIPTION
D1 Kit Distribution  SIM Clinic  8:30am – 11:30am  Closed toe shoes, pants/long skirt covering entire legs	Unbox your very first dentistry kit and get hands-on with the instruments you'll soon be using throughout pre-clinical training. Faculty members and upper-year students will be available to help you become familiar with your equipment and answer any questions before classes begin. PLEASE ENSURE THAT YOU ARE ON TIME. DO NOT BE LATE!
Grand Bend Trip  Grand Bend, ON  2:00pm – 8:30pm  Casual / Beach-day attire	Celebrate the end of Orientation Week with a day at Grand Bend Beach! Relax after a busy week, enjoy beach games, great food, and one final opportunity to make memories with your classmates before classes begin. Before heading home, we'll draw the winners of the Schulich Passport Raffle, so make sure you've collected as many stamps as possible throughout the week! <u>Bus transportation will be provided for all students.</u>